

YMCA CAMPING

The Y's Survivor Camp is one of the most beneficial character-building school camps around! Unlike the TV program, food and shelter are provided and no one gets voted off. Through exhilarating outdoor activities, this camp teaches teamwork, problem solving, leadership and resilience.

PROGRAM INCLUSIONS

- 2 nights / 3 days
- 7 meals
- A 8 x activities
- Survivor bandana

\$313.00 / per student.

* 2024 pricing. Program inclusions & costs can be adjusted to suit time & cost constraints.

ACTIVITY THEMES

activities to promote communication and cooperation

activities to push physical limits and overcome fears

activities requiring team work and creativity

activities requiring group unity and working to individual strengths

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EXAMPLE PROGRAM

DAY ½ hr Welcome & Safety Induction

1 ½hrs Tribal Flags & Team Building Games
*school staff briefing & morning tea

1 hr Lunch

3 ½hrs Trail 1 – Canoeing
Trail 2 – Raft / Chariot Building
Free Time & Dinner

Night Activity
*YMCA offer optional night activities for an additional fee

The self-awareness journey begins...

- △ Creativity
- △ Relationship building
- △ Developing empathy & understanding

DAY 1hr Breakfast 3 1/2 hrs Extreme 1 & 2 – Choice of Heights activity: Indoor Climbing, Crate Climb, Giant Swing and Bouldering 1hr Lunch 3 ½hrs Adventure 1 - Shelter Building Adventure 2 - Fire Lighting & Campfire Cooking 1½hrs Free Time & Dinner 2hrs Night Activity *YMCA offer optional night activities for an additional fee

Group dynamics play-out...

- △ Sense of purpose
- △ Problem solvino
- △ Commitment & respect
- △ Opportunities for leadership

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Breakfast

Mission 1 – Catapult Building

Mission 2 – Obstacle Course

Lunch

Tribal War Cry Competition & Presentations

Farewell & Departure

The tribe unites!

- △ Positive relationships are formed
- △ Sense of belonging & community
- △ Heightened confidence & resilience
- \triangle Respect for self & each other

*3.5hr sessions include morning/afternoon tea.

SURVIVOR
CAMP
OUTSMART A OUTPLAY A OUTDOORS

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